



ACTION! ACTION!

TEN THINGS YOU CAN DO TO HELP CARE FOR THE MARINE ENVIRONMENT

1. Pick up litter from the beach, even if it's not yours! It can cut, choke and poison sea animals.
2. Buy your fish from Cornish fishermen. Ask for 'sustainably caught' fish, things like hand line caught mackerel, bass and pollack and diver collected scallops.
3. Never flush things like cotton buds, plastic wrappers and other rubbish down the toilet, put it in the bin otherwise it may end up in the sea.
4. Look for 'environmentally friendly' labels on things like detergents, washing powder and toilet cleaner. They won't pollute the sea as badly.
5. Recycle as much as you can, glass, plastic, newspapers, cans, even old oil from cars.
6. Don't put anything like paint or oil down the drain as it may reach the sea.
7. Walk whenever you can instead of going by car. It's better for you and helps reduce global warming which is affecting all marine life.
8. Let us know whenever you see anything unusual like a dolphin, basking shark or turtle. All information can then be used to help conserve them. Call us on 01872 240777 ext 207.
9. Learn about sea life. There are all sorts of fun events and places to go if you want to explore the marine world more.
10. Tell people about it! The more people that know about the marine environment and the problems it faces, the more likely it is they will help to do something about it.

